



Don't have a public transport ticket?

If you are released from a court in the Melbourne area, the court will provide you with a metropolitan public transport ticket. Ask the Salvation Army worker based at the court.



Need to collect personal property and money from prison?

The prison will only release property at certain times. You must call the prison to arrange this beforehand.

Melbourne Assessment Prison (MAP)

317 Spencer Street
WEST MELBOURNE 3003
(03) 9321 4111

Metropolitan Remand Centre (MRC)

Middle Road
RAVENHALL 3023
(03) 9217 7777

Port Phillip Prison (PPP)

Corner Doherty and Palmers Roads
TRUGANINA 3028
(03) 9217 7200

Dame Phyllis Frost Centre (DPFC)

Riding-Boundary Road
DEER PARK 3021
(03) 9217 8400



Getting to the prison

MRC, DPFC and PPP

Bus no. 400 runs daily from Sunshine and Laverton train stations and goes to MRC, DPFC and PPP. Buses usually depart every 30 minutes on weekdays.

MAP

MAP is a short walk from Southern Cross Station (previously called Spencer Street Station). Walk up Spencer Street towards La Trobe Street. Trams 109, 112, 24, 35, 30 stop out the front of MAP.

For more information:

Edition 1, December 2012

What to do if you are released from Court and...

Corrections Victoria



Don't have any money?

You may be able to get payments and services from Centrelink.

Centrelink ☎132 850

Go to a Centrelink Service Centre as soon as possible when you are discharged from custody.

Call Centrelink if you can't make it to an office on the day you're released. Your payments can only start from the day you contact Centrelink.

You will be given a *Discharge Information Report* when you are discharged from custody. Make sure you take this report to Centrelink as it will confirm your situation. If you do not take the *Discharge Information Report* to Centrelink then you may have to wait while Centrelink confirms the information.

Crisis Payment

You need to apply for a Crisis Payment within seven (7) days of release. You must have been in custody for at least 14 days to be eligible for a Crisis Payment. The 14 days includes time spent in police cells.

Health care card and Medicare card

Centrelink may be able to provide a Health Care Card or a temporary card if required straight away. If you need a Medicare card urgently, call ☎132 011 or go to your local Medicare office.



Don't have anywhere to sleep?

Crisis accommodation ☎1800 825 955

24 hour housing support is available on the above number. This number will direct your call to the housing service nearest to you or to the Salvation Army Crisis Centre.

If you are having trouble with the above number you can call the Salvation Army Crisis Centre for support on ☎1800 627 727



Need to organise methadone or bupe?

The prison health care service **does not** automatically arrange your continuing Opiate Substitution Therapy (OST) in the community. **You will have to arrange it yourself once you are released from court.** Do this straight away as it may take sometime to organise.

You are eligible for 30 days free supply of OST once you have been discharged.

To arrange OST in the community:

1. **Contact the prison health care provider.** Call the last prison you were at and ask to speak with the health care provider. They can help you arrange a prescription and referral in the community.

2. If you are unable to contact the prison.

Call Directline for help finding a community provider and pharmacy. Directline is available 24 hours a day and is free, confidential and anonymous.

☎1800 888 236



Need to collect medication or see a doctor?

If you are on **medication**:

- At least three (3) days supply of your medication will have been sent with you to court.
- Ask the prison health services staff for your medication **before leaving for court.**
- Tell prison staff or prison health services if you need a copy of your medication chart – they can arrange for a copy to be faxed to you at court, or to your doctor in the community.

If you need to see a doctor:

- Contact Nurse-on-Call ☎1300 60 60 24 (cost of a local call, higher from mobile phones) and ask for the contact details of a bulk-billing doctor nearby.
- You can also call Nurse-on-Call if you are feeling unwell, even if you are unsure if you need to see a doctor. Nurse-on-Call is confidential and available 24 hours, 7 days a week.